



FOR IMMEDIATE RELEASE

March 27, 2020

I.M. Well Student Assistance Program

In light of the growing COVID-19 pandemic, the transition of many academic programs to online models of instruction, and the uncertainty that the future holds, the ACCSA Students' Association Council has worked with our health and wellness partners to bring the students of Assiniboine Community College the I.M. Well Student Assistance Program, effective immediately.

I.M. Well's Student Assistance Program (SAP), is a free counselling program available to all students from all campuses and their immediate family members. I.M. Well provides 24/7 counselling services for mental, emotional, physical and financial health.

The SAP is a completely confidential service that provides students and their families with immediate assistance when they need it most. These services are available to individuals, couples or families and can be provided in person, via emails, online, video calls or by telephone. This service will also be made available to graduates of the College starting with the graduates of this current term.

To access this service, you simply need to call the toll-free number at 1.877.554.6925 to be connected to a counsellor. You can also download the iAspiria app on your mobile phone, available on Google Play and App Store, to access all benefits of the Student Assistance Program, including the scheduling of future appointments.

To learn more about the services provided by I.M. Well, visit www.accstudents.com/sap. Our staff are also available for questions on how to access the SAP, and can be contacted at accsa@assiniboine.net. We hope that this service will benefit students as they finish off their semester.

Sincerely,

A handwritten signature in black ink that reads 'Matthew May'.

Matthew May

ACCSA Director