



**Brandon & Area Suicide Prevention Implementation Network**

## **Resource List**

### **Suicide Prevention Implementation Network**

**Emergency Contact (for immediate assistance).....911**

**Westman Crisis Services (24 hour service).....204-725-4411 or 1-888-379-7699**

#### **Westman Resources:**

Addiction Foundation of Manitoba.....204-729-3838

Child & Adolescent Treatment Centre.....204-578-2700 or 1-866-403-5459

Prairie Mountain Health Community Mental Health (8:30 am – 4:30 pm).....204-578-2400

Sexual Assault Line.....204-727-3644 or 1-888-292-7565

YWCA Westman Women's Shelter.....204-727-3644

#### **Provincial Resources:**

Manitoba Suicide Prevention and Support Line.....1-877-435-7170

Crisis Chat Line at supportline.ca

Manitoba Farm, Rural & Northern Support Services.....1-866-367-3276

Domestic Violence Crisis Line.....1-877-977-0007

Addiction Foundation of Manitoba Gambling Help Line.....1-800-463-1554

Health Links (for 24 hour health information).....1-888-315-9257

Seniors Abuse Support Line.....1-888-896-7183

#### **National Resources:**

Kids Help Phone.....1-800-668-6868

First Nations and Inuit Hope for Wellness Helpline.....1-855-242-3310